

GRHS Class of 2026

Academic Planning Night



Welcome, Rising 9th Grade Parents

Dr. Michael Parent

Principal





154 Weeks

Everything Counts

Freshman year is the most important year of high school.

**Social and
Academics**

**Transitioning
Stage**





Student Activities



Arts



Career



Academic



Service



Honor



Athletics

Sports Programs

- Baseball - JV
- Baseball - Varsity
- Basketball - Boys Freshman
- Basketball - Boys JV
- Basketball - Boys Varsity
- Basketball - Girls JV
- Basketball - Girls Varsity
- Bowling - Varsity
- Cross Country - Boys Freshman
- Cross Country - Boys JV
- Cross Country - Boys Varsity
- Cross Country - Girls Freshman
- Cross Country - Girls JV
- Cross Country - Girls Varsity
- Football - Frosh/Soph
- Football - JV
- Football - Varsity
- Ice Hockey - JV
- Ice Hockey - Varsity
- Lacrosse - Boys JV
- Lacrosse - Boys Varsity
- Lacrosse - Girls JV
- Lacrosse - Girls Varsity
- Soccer - Boys Freshman
- Soccer - Boys JV
- Soccer - Boys Varsity
- Soccer - Girls JV
- Soccer - Girls Varsity
- Softball - JV
- Softball - Varsity
- Tennis - Boys Varsity
- Tennis - Girls JV
- Tennis - Girls Varsity
- Volleyball - Girls Freshman
- Volleyball - Girls JV
- Volleyball - Girls Varsity
- Winter Track - Varsity
- Wrestling - JV
- Wrestling - Varsity





Developing young people who can:

- Think critically
- Communicate effectively
- Maintain a healthy active lifestyle
- Demonstrate comradery and good sportsmanship to ultimately develop productive citizenship.

GRHS Counseling Department

Ms. Michelle Giurlando

Director of Student
Personnel Services

giurlandom@glenrocknj.org



Freshman Year

Balance

- Academics, extracurriculars, & social life
- Focus on strengths and interests
- Short-range vs. long-range goals

Student Success

- Self-advocacy
- Sense of belonging
- Strong relationships
- Skills building

Role of the Parent/Guardian

- Serve as support system
- Communicate reasonable & realistic expectations
- Foster a sense of internal initiative & motivation
- Act as a role model

Graduation Requirements and Credits

**130 Credits
Required for
Graduation**

- English: 20 Credits
- Mathematics: 15 Credits
- Science: 18 Credits

**35 Credits
Required per
Year**

- Social Studies: 15 Credits
- World Language: 10 Credits
- PE & Health: 5 Credits per year of NJ Enrollment

**FY = 5
FY + Lab = 6
FY + AP Lab = 7
S1 or S2 = 2.5**

- Fine Arts Electives: 10 Credits
- 21st Century & Career Ed. Electives: 5 Credits
- Financial Literacy: 2.5 Credits
- 14.5 Additional Credits Required

**Placement into Ninth
Grade Leveled
Courses:
*Mathematics,
Science, Social
Studies, Spanish II***

- ❑ Placement based on data available for each individual student
- ❑ Criteria for 9th grade course placement criterion (one or more):
 1. A minimum of A- in the preceding middle school course
 2. Teacher recommendation
 3. Departmental assessment data

The Rotating Drop Schedule

Ms. Tina Bacolas

Assistant Principal
GRHS



	Day 1	Day 2	Day 3	Day 4
7:50-8:48 AM	1 World History	2 English 9	3 Advanced Biology	4 Spanish II
8:52-9:50 AM	2 English 9	3 Advanced Biology	4 Spanish II	1 World History
9:54-10:52 AM	3 Advanced Biology	4 Spanish II	1 World History	2 English 9
10:52-11:22 AM	Biology Lab			
-----	-----	Lunch	Lunch	Lunch
11:22-11:52 AM	Lunch			
11:52 AM-12:50 PM	6 Marketing/Photo I	7 Phys. Ed. 9	8 Geometry	9 Concert Choir
12:54-1:52 PM	7 Phys. Ed. 9	8 Geometry	9 Concert Choir	6 Marketing/Photo I
1:56-2:54 PM	8 Geometry	9 Concert Choir	6 Marketing/Photo I	7 Phys. Ed. 9

English Language Arts

Mrs. Shari Krapels

K-12 Supervisor of English



9th Grade ELA

- Students read in a variety of genres (short stories, plays, novels, memoir).
- Writing is focused on paragraph development and short, expository essays.
- Course design is focused on NJSLs and helping students transition from middle school to high school.

ELA Course Progression

9th grade	10th grade	11th grade	12th grade
English 9	English 10	English 11	CP* English 12
	Advanced English 10	Honors English 11	Dual Enrollment English 12
		AP Lang & Comp	Honors English 12
			AP Literature & Comp

Math

Ms. Michelle Della Fortuna

K-12 Supervisor of Mathematics



9th Grade: Mathematics and Computer Science

➤ Levels of Rigor

College Preparatory

Advanced

- ❑ Faster Pace
- ❑ Increased Expectations
- ❑ Application Based

Both courses address the NJSLS for High School Mathematics

➤ Course Offerings

Math

Algebra I

Math

Geometry (CP, Advanced)

Math

Algebra II (CP, Advanced)

Elective

Computer Science I (Semester)

Elective

Computer Science II (Semester)

Mathematics Course Progression

Grade 9	Grade 10	Grade 11	Grade 12	Elective Courses
Algebra I	Geometry	Algebra II	Precalculus <i>or</i> <i>Elective</i>	Adv. Math Analysis and Applications
Geometry Geometry Adv.	Algebra II Algebra II Adv.	Precalculus; Precalculus Adv.; H. Algebra III/ Differential Equations; <i>or</i> <i>Elective</i>	H. Calculus, AP Calculus AB/BC <i>or</i> <i>Elective</i>	Discrete Mathematics Statistical Reasoning in Sports AP Statistics
Algebra II Adv.	Precalculus Adv. H. Algebra III/ Differential Equations	H. Calculus <i>or</i> AP Calculus AB	AP Calculus BC <i>or</i> <i>Elective</i>	Computer Science I (Semester) Computer Science II (Semester) AP Computer Science A

Science

Mr. Carl Blanchard

K-12 Supervisor of Science



Science Course Progression

Grade 9	Grade 10	Grade 11	Semester Electives
Biology	Chemistry	Physics	Dynamics of Healthcare (10-12)
Advanced Biology	Honors Chemistry	Honors Physics	Forensic Science (11-12)
	AP Chemistry (10-12)	AP Physics 2 (11-12)	Intro to Anatomy & Physiology (11-12)
	AP Bio (10-12)	AP Physics C (11-12)	
	AP Physics 1 (10-12)	Environmental Science (11-12)	
		AP Environmental Science (11-12)	

Social Studies

Mr. Ermanno Morelli

**K-12 Supervisor of Social Studies
and Business**



Social Studies Course Progression

Grade 9	Grade 10	Grade 11	Electives
World History	U.S. History I	U.S. History II	Intro to Documentary Film (10-12)
AP World History	U.S. History I Honors	U.S. History II Honors	U.S. Constitutional Law (11-12)
		AP U.S. History	Introduction to Human Behavior (10-12)
			AP Psychology (10-12)
			AP U.S. Government (11-12)
			Dictators, Human Right, and Social Justice (10-12) AP European History (11-12)
			AP Human Geography, Semester (10-12)

World Languages

Dr. Michael Parent

Principal



World Languages Course Progression

Grade 9	Grade 10-12
Latin I or II	Latin II, Latin III Honors, Latin IV, AP Latin
Spanish I or II or II Honors	Spanish II, Spanish III, Spanish III Honors, Spanish IV, Spanish V, AP Spanish
French I or II	French II, French III, French IV, AP French
Mandarin Chinese I or II	Mandarin Chinese II, Mandarin Chinese III, Mandarin Chinese IV

Grade 9 Electives

Mr. Paul Cusack
K-12 Supervisor of Instructional and
Educational Technology

Ms. Tina Bacolas
Assistant Principal GRHS



Fine Arts Electives

Visual Arts	Performing Arts
<p>Theater Arts 1, A & B*</p> <p>Basic Art and Design*</p> <p>Drawing & Painting*</p> <p>Sculpture/Ceramics I*</p> <p>Advanced Sculpture/Ceramics II*</p> <p>Graphic Design*</p> <p>Advanced Graphic Design*</p> <p>Art History*</p> <p>Photo I*</p> <p>Photo II*</p>	<p>Concert Choir (<i>Semester or Full Year</i>)</p> <p>Concert Band</p> <p>Orchestra</p> <p>Music Production I, II</p> <p>Music Theory Lab I, II, III, IV*</p>

Semester Course = 2.5 credits

Full Year Course = 5 credits

*Indicates Semester Course

10 Credits Required for Graduation

21st Century & Career Education Electives

*** Indicates
Semester
Course**

- Web Design I, II, & III* (may be taken in any order)
- Interior Design*

**Semester Course
= 2.5 credits
Full Year Course
= 5 credits**

- Introduction to TV/Media Broadcast*
- TV/Media Broadcast II*
- Pre-Engineering*

**5 Credits
Required for
Graduation**

- Introduction to Business*
- Economics*
- Marketing I*
- Marketing II*

Academic Electives

*** Indicates
Semester
Course**

- **Public Speaking***
- **The Graphic Novel***
- **Journalism**

**Semester Course
= 2.5 credits
Full Year Course
= 5 credits**

- **Creative Writing A***
- **Creative Writing B***
- **Writer's Workshop A***
- **Writer's Workshop B***

- **Computer Science I***
- **Computer Science II***

Share Time Programs

Bergen County Technical Schools

Bergen County Technical School provides a half-day of vocational and technical shop training, which is coordinated with the student's high school schedule. All academic classes and extracurricular activities are taken in the high school. Students are bused to the Center to participate in programs, which include:

Automotive Collision Repair
General Contracting
Automotive Technology, A.S.E.
Landscape Design
Cosmetology
Information Technology
Skin Care/Esthetician
Visual and Graphic Design
Culinary Arts
Healthcare Occupations
Electrical Construction
Small Animal Care

Special Services

Dr. Jen MacKay

Director of Special Services

Ms. Victoria Lubrano

Supervisor of Special Services



Special Education Services

Programs and Support Services

- Resource
- Collaborative
- Learning Strategies

Related Services

- Speech
- Occupational Therapy
- Physical Therapy
- Counseling

Grade 8 Scheduling Timeline

Strengths & Interests

- Student Naviance/Scheduling Tutorial, 2/7-11 during English
- Strengths Explorer Inventory
- Transition to High School

Additional Support

- Grade 8 Parent/Guardian Naviance Tutorial 3/3 at 7 PM via Zoom
- Freshman Orientation, Summer 2022

Course Requests

- March 15-18, 21: Individual Grade 8 Meetings
- March 17-19: Make-up Course Meetings
- March 22: Last Day for Changes before Master Schedule Build

Freshman Orientation

August 2022

